





Mariners' Park Newsletter Winter 2021

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A few words from Mick Howarth

Dear Residents

Welcome to our Winter Newsletter.

With the festive season now upon us and I hope you are looking forward to Christmas. I trust you enjoyed the annual Christmas Light Switch on last week. With the Hub now decorated for Christmas and the large tree by the Care Home lit up, as well as your own light shows, the Park is looking very festive

Hopefully, we can all look forward to Christmas with family and friends this year, but it is a sad fact that in 2021 Covid has dominated all our lives once again, and as we enter Winter, concerns about the new Omicron variant have come to the fore, and mask wearing is now back. With "Plan B" now announced, can I urge you to test yourself with a lateral flow test at least twice a week, and if you are planning to go to indoor activities where there are large numbers of people. The Prime Minister is urging us all to get our Booster Jab as soon as possible, so please do arrange this if you haven't already done so. Contact Hub Reception if you need assistance with this. Hopefully, no further restrictions will be required. Please do follow all the guidance; this is the best way to protect yourself, your family and neighbours. Keeping you all safe will continue to be our priority whilst Covid is still a threat.

Cont ...

A few words from Mick Howarth

2022 will see several changes at Mariners' Park. In the Summer, the new combined office and 27 apartments will start to be built. By May we will have created four extra bedrooms at the Care Home, increasing capacity to 36 places. We also plan to extend our caseworker service by making a new appointment in Aberdeen, to support retired mariners and their dependents in that area.

2022 will also bring you a new Director of Welfare. After over 10 years with the Charity, I will be retiring at the end of March. It has been a great honour to work for the Nautilus Welfare Fund, and I will write to you all nearer the time to reflect on my time here. In the meantime, I will let you know who has been appointed once it is known. The post is currently being advertised.

You may have noticed we have a new face in the Hub Reception. Alisa Dyas is our new temporary administrator whilst we recruit a replacement for Sharon Shepherd.

I would like to take the opportunity of wishing you all a happy, healthy and peaceful Christmas

My very best wishes to you all

Mick Howarth
Welfare Services Manager



Boxing Day Bring & Share Race Night

Time Change



Boxing Day Bring and Share Race Night

Sunday 26th December

at 5.00pm

£1.00 per race, proceeds of each race
goes to the winner (s) of the race

Don't forget to bring your £1.00 coins

Hosts are Peter and Lenny

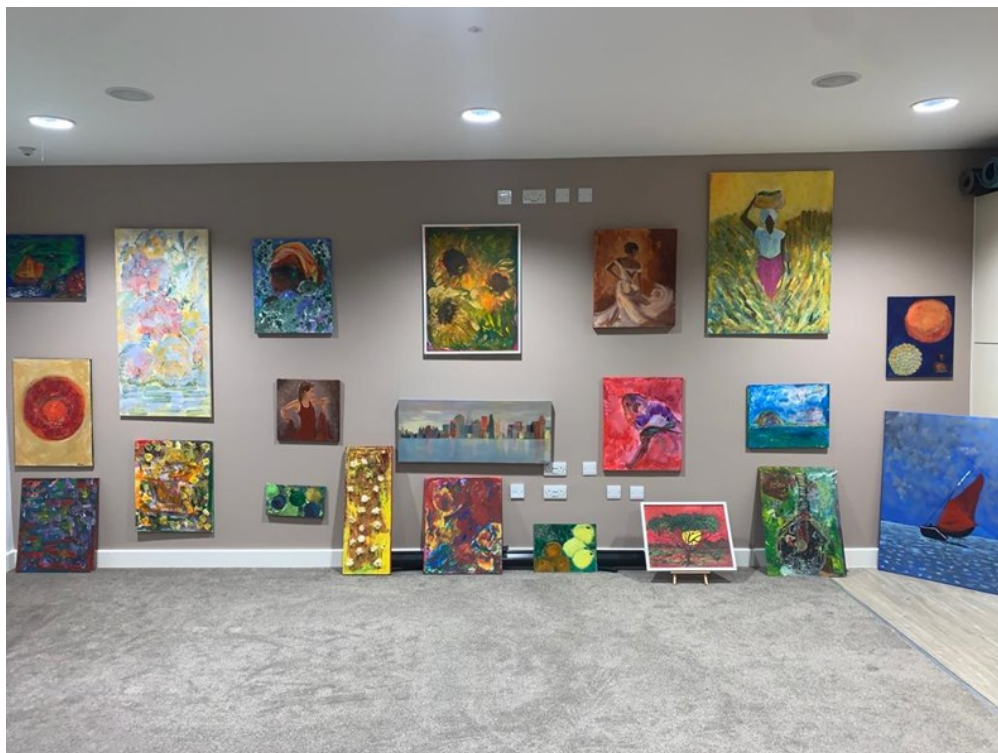
Ann Williams Art Exhibition



This is my recent Art Exhibition that I held in the games room of the Hub on the Friday 19th November and showcased it over the weekend too. The idea of the exhibition was to show and highlight that I am living with Parkinson's disease and I can, still manage to do the things that I love to do like painting. I was given the guidance and support that I needed from my carers to send out invitations and to the individuals that would be interested in attending my event.



Ann Williams Art Exhibition



I put on some light refreshments, the experience was enjoyable, it was far better than I expected it to be and I have since received some good feedback from residents which has been great and helped to boost my confidence whilst I live with my disease.

Ann Williams



Estate News

What a year this was. I'm sure for everybody it has been a trying year, but let's hope we can look at 2022 with something to look forward to.

Over the last year we have installed four lay bys at the top of Webster Avenue as part of the community charge and we have also installed ducting along the entire length of King George Drive, which now, only needs connecting up to the workshop. This will then enable us to install further CCTV to this area and will now more or less cover the entire park area. This has been used to detect crime both around the estate and the surrounding roads next to the estate in the past, and should hopefully be reassuring to you all.

Nautilus have also carried out the following work in 2021. A back door to one bungalow, new kitchen in two properties, new boilers in four properties, and new doors to the basement of the care home. Three properties were painted externally by contractors, one bathroom has been modernised by an external contractor, windows and window units have been replaced in several properties, amongst the day to day work.

We all endured the storm on 26 November that caused the most damage on the estate that I can remember. We lost one tree, down by Nautilus House, and a number of branches from trees around the estate and by a stroke of luck, a branch had torn out of another tree a month previous, that we subsequently had pruned only the day before the storm, as, without doubt, this would have torn off the tree in those winds. Some people also experienced loss of Sky signal in the Hub, and this was eventually resolved.

Next year will bring surveyors and contractors back onto site for build projects as previously mentioned, so I am sure, I will have my work cut out with these planned works.

Over the Christmas period, the maintenance will be covered during the days of Friday 24, Wednesday 29, Thursday 30, Friday 31 December and then back to normal on 4 January. Can I kindly ask you to ring the emergency out of hours mobile numbers for emergencies only during this well earned break for all of the staff.

As always, please have a lovely Christmas, and a very happy New Year and let us hope that 2022 brings better things for everybody.

Danny Kenny
Estate Manager

Christmas at Sea—Robert Louis Stevenson

The sheets were frozen hard, and they cut the naked hand;
The decks were like a slide, where a seaman scarce could stand;
The wind was a nor'wester, blowing squally off the sea;
And cliffs and spouting breakers were the only things a-lee.

They heard the surf a-roaring before the break of day;
But 'twas only with the peep of light we saw how ill we lay.
We tumbled every hand on deck instanter, with a shout,
And we gave her the maintops'l, and stood by to go about.

All day we tacked and tacked between the South Head and the North;
All day we hauled the frozen sheets and got no further forth;
All day as cold as charity, in bitter pain and dread,
For very life and nature we tacked from head to head.

We gave the South a wider berth, for there the tide race roared;
But every tack we made we brought the North Head close aboard:
So's we saw the cliffs and houses, and the breakers running high,
And the coastguard in his garden, with his glass against his eye.

The frost was on the village roofs as white as ocean foam;
The good red fires were burning bright in every 'long-shore home;
The windows sparkled clear, and the chimneys volleyed out;
And I vow we sniffed the victuals as the vessel went about.

The bells upon the church were rung with a mighty jovial cheer;
For it's just that I should tell you how (of all days in the year)
This day of our adversity was blessed Christmas morn,
And the house above the coastguard's was the house where I was born.

O well I saw the pleasant room, the pleasant faces there,
My mother's silver spectacles, my father's silver hair;
And well I saw the firelight, like a flight of homely elves,
Go dancing round the china plates that stand upon the shelves.

And well I knew the talk they had, the talk that was of me,
Of the shadow on the household and the son that went to sea;
And O the wicked fool I seemed, in every kind of way,
To be here and hauling frozen ropes on blessed Christmas Day.

They lit the high sea-light, and the dark began to fall.
'All hands to loose top gallant sails,' I heard the captain call.
'By the Lord, she'll never stand it,' our first mate, Jackson, cried.
... 'It's the one way or the other, Mr. Jackson,' he replied.

She staggered to her bearings, but the sails were new and good,
And the ship smelt up to windward just as though she understood.
As the winter's day was ending, in the entry of the night,
We cleared the weary headland, and passed below the light.

And they heaved a mighty breath, every soul on board but me,
As they saw her nose again pointing handsome out to sea;
But all that I could think of, in the darkness and the cold,
Was just that I was leaving home and my folks were growing old.

Men's Activity Co-ordinator



John Bates: Alex Harrison: Bill McClellan: John McDavitt: Tony Gatt: Angela Gatt

Saltire Cup Winner 2021

'Golf on the Park', came back with bang as our residents competed for the exotic Saltire Cup. It was a gruelling competition over six rounds and all weathers. We had a really interesting set of matches and although nobody could beat John's best score Angela Gatt came close with a first class score of 27. Angela justly deserved the second place prize-a set of six new(?) golf balls donated by John McDavitt.

Big thanks go to our Gardeners, Dave Crawford (Head), Andy Lee and Omar Lopez. Without you we couldn't play and your work is very much appreciated



Men's Activity Co-ordinator



Ten Pin Bowling



Lenny (The Master) Turner in action



John Roberts, Charles Robertson and Tony Wilson try to sort out the bowls

Top - Ged Lynch and Tony Wilson giving it some welly.

Men's Activity Co-ordinator

Ten Pin Bowling is the latest craze to hit Mariners' Park. The Snooker & Dominoes team decided they would like to try their hand down at the Riverside Bowl in New Brighton. We had a fantastic and enjoyable afternoon and although Lenny (the Master) Turner won outright, John Roberts has to be congratulated on scoring the game's only strike



Game 1	1	2	3	4	5	6	7	8	9	10	Tot.
LENNY	-	-	7	-	8	-	9	7	-	-	49
JOHN	-	5	2	-	8	-	8	1	-	-	34
ALEX	-	9	16	24	33	-	15	24	36	-	157
TONY	-	9	6	-	6	-	-	6	-	4	31

Player ALEX m.p.h. 5.68

BY A BIT OF COMPETITION?

Game 1	1	2	3	4	5	6	7	8	9	10	Tot.
LENNY	-	9	-	-	7	-	8	-	9	7	57
JOHN	-	-	-	5	2	-	8	-	8	1	46
ALEX	-	-	3	-	-	-	13	5	4	4	45
TONY	-	9	6	-	6	-	-	6	-	4	36

Player ALEX m.p.h. 8.29

OF COMPETITION? HEAD ON

Lenny Turner, Ged Lynch, John Roberts, Tony Wilson and Alex Harrison all await the result of John's first Bowl ...

Their names up in lights!

However, they could not get away from the fact that Lenny (The Master), Turner won our competition followed by John Roberts in second place. Alex Harrison was third and Tony Wilson fourth, followed by Charles Robertson and Alex Harrison.

Men's Activity Co-ordinator



Visit to the Maritime Museum

Mariners' Park residents enjoyed a day out at the Maritime Museum. Manager of the Museum, Ian Murphy, kindly met us at the entrance and discussed the workings of their new gallery, 'Life on Board', which included some artefacts donated by one of our residents - Robert Keith



M.V. Reina Del Pacifico

Men's Activity Co-ordinator



Amongst the exhibits was a poster for the M.V Reina Del Pacifico which Alex Harrison (seen here with Danny Coyle), sailed on as first Cadet. As such, he had his own table in the 2nd class restaurant



John Roberts was a Cadet with White Star line and here he is pointing out how difficult it was to repaint the stack in high wind because it had so many different colours to get right

Men's Activity Co-ordinator



The Merchant Navy Association are pleased that they can resume their regular meetings at the Park after lockdown and always say how much they enjoy themselves!

Men's Activity Co-ordinator



Hep Cats Chris and Ron strut their stuff

Grooving on The Park

Our forays into live music have proved popular and glad to say we have two groups performing just before Christmas.

.....



Take your boots off, feet up and watch a bit of Telly.

Skip Watch

Above Ged Lynch stands guard at the skip as one of the activities for many residents is to regularly check the skip for any available goodies.

Social Zone



Dates for your Diary Hub Activities



15th December

Ladies Christmas Pamper session, starting 10.00am
1.00pm Music Hour with Peninsula Jazz Band,
starting 1.00pm Function Room

24th December

Christmas Bring and Share, starting 7.00pm Function Room

25th December

Christmas Lunch in the Hub Café
(**Bookings only**), 12.30pm

26th December

Change of time

Bring and Share Race Night is at 5.00pm, Function Room

Merry Christmas and a Happy New Year
From Audrey, Debs and Roger



Social Zone



Dates for your Diary Care Home



16th December

Christmas Holy Communion, starting at 2.15pm

18th December

Christmas Pantomime Time, starting at 2.00pm

24th December

Christmas Eve PJ'S or T-shirt Party with Entertainment from Louise,
starting 2.30pm

31st December

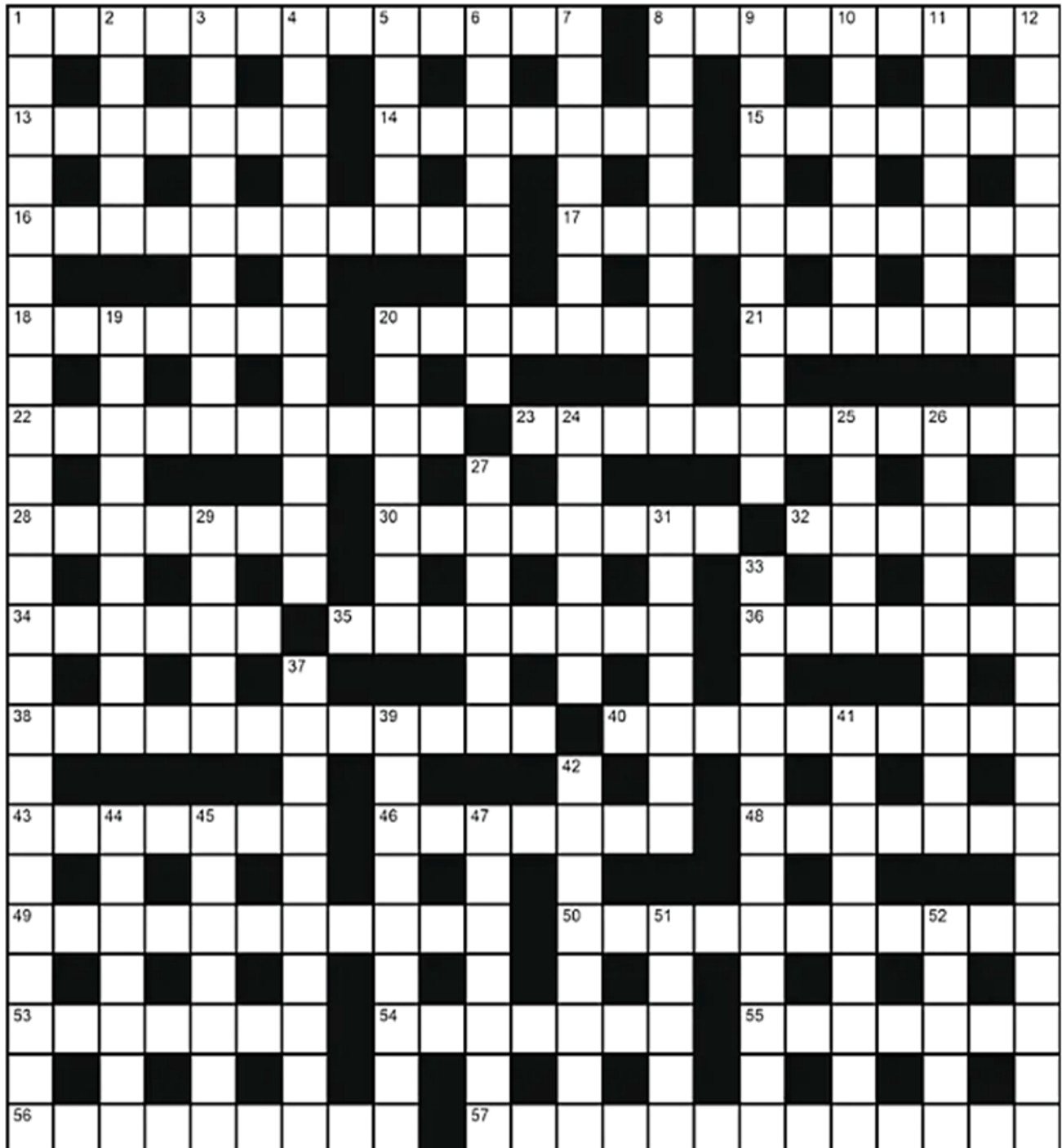
New Year's Eve Party, starting at 2.30pm

Happy Christmas and Happy New Year
From Audrey and Debs



The Big Christmas Crossword

The Big Christmas Crossword



The Big Christmas Crossword

Clues Across

- 1 Christmas item heard making music daily? (8,5)
- 8 Breaking it's normal, but its unforgivable (6,3)
- 13 Fairy Queen almost caught ship (7)
- 14 Gathers in front of armed services (7)
- 15 Spiritual believer in Mini sat awkwardly (7)
- 16 Substitute on temporary posting (11)
- 17 Slowing up, Arnold learnt out of position (11)
- 18 Unencrypted note hidden in cream cake (2,5)
- 20 Christmas item making you tense (7)
- 21 Return of Greek god laid out in small tiles (7)
- 22 Club 60s rock group rocks (10)
- 23 Steer vessel laden with gold? It's a top job (12)
- 28 Urge rye to be mixed in cheese (7)
- 30 After desserts, Duchess gets the boot! (3-5)
- 32 Fine food around most of birdcage (6)
- 34 Several notes greeting part of autumn at first (6)
- 35 Box with loaf that's Christmas food (8)
- 36 Perform better than soldiers in the field? (7)
- 38 Running around eleven pigs, or failing to get up (12)
- 40 Artist playing cello intro to ballet, two lots of it (10)
- 43 Concerned with fire in use, go in unsteadily (7)
- 46 Rats in river, aquatic creatures (7)
- 48 Getting rid of a time to celebrate (7)
- 49 Catch that lady's news about large lower realm (11)
- 50 Like good food until ration's redistributed (11)
- 53 Praise a demand for the auditor (7)
- 54 Least bright leader of diving boat is French (7)
- 55 Do the same as one friend, drinking vermouth (7)
- 56 Persistence in close, united and organised church (9)
- 57 Corrupt party ran e-mail from politicians (13)

Clues down

- 1 Carol's week fraternising here, too drunk (2,5,5,2,6,3)
- 2 Misbehave putting tea, we're told, in a mug (3,2)
- 3 Wriggling and a scrap in a police vehicles (5,4)
- 4 Muddle up row with cleaner energy source (7,5)
- 5 Quite part on the radio (5)
- 6 Funny repartee where 39 might be (4,4)
- 7 Hesitation about wait for book (7)
- 8 TS Eliot works welcomed by setter as inducement to kiss (9)
- 9 Property in genuine drug, say (4,6)
- 10 Pilots heading for Arctic through scenery to the north (7)
- 11 Discipline prisoner abandoning moral sense (7)
- 12 Race or trip at largely novel London attraction (8,8,7,)
- 19 Flirt eating queen's fried food (9)
- 20 Angry Mike Pence's thrown up his rum (7)
- 24 Similarly popular and benevolent (2,4)
- 25 Pan for eg turkey at Christmas (5)
- 26 One survey in Ohio originally for common people (3,6)
- 27 Add some flavour to Yuletide, say (6)
- 29 Helpers at this time of year not all twelve stone (5)
- 31 Flipping smut and junk in drawn designs (7)
- 33 Promised time changes after twelve (4,8)
- 37 Maybe Carys and the two of us left quite west country (10)
- 39 Bird in snare over raised ground (9)
- 41 Company shifting oil tin's after a partnership (9)
- 42 One on the pull at Christmas in shower, pricey by the sound of it (8)
- 44 How unfinished Christmas cake may be spotted (7)
- 45 Love to write song where the sky's the limit (4-3)
- 47 Dangerous current change brought by teat (4-3)
- 51 Disapproving noise is about African (5)
- 52 In matrimony, a lady is a horny creature (5)

Christmas Quiz

1. What day of the year does Christmas Day in 2025, fall on?
 2. Which animal carried Mary before she gave birth to Jesus?
 3. Which world leader celebrates his birthday on Christmas Day?
 4. When do the 12 Days of Christmas start?
 5. Which country annually sends a Christmas tree to be erected in London's Trafalgar Square?
 6. Which monarch delivered the first Royal Christmas Day Message?
 7. Which country is credited with starting the Christmas tree tradition?
 8. What happened in the 1914 Christmas Day truce during the First World War?
 9. In which year was the first Christmas card sent?
 10. What indispensable item for the Christmas table did Tom Smith, a confectioner, invent?
 11. Which ocean can Christmas Island be found in?
 12. In what type of building was the baby Jesus born in?
 13. What is your star sign if you are born on Christmas Day?
 14. What time is the Queen's speech traditionally broadcast?
 15. What gifts did The Three Wise Men give Jesus on his birthday?
 16. Who was crowned King of England on Christmas Day in 1066?
 17. Which country traditionally plays the Boxing Day Test Match every year?
 18. Which plant-based Christmas tradition was started by servants in Victorian Britain?
 19. Which plant has bright red and green leaves and is sometimes known as the Christmas Flower?
 20. How many ghosts appear in A Christmas Carol?
-

Father Christmas Quiz

1. In which modern-day country was St. Nicholas born in?
 2. And in which year?
 3. What was the original colour of Santa Claus's suit?
 4. Can you name the two US states with a town called Santa Claus?
 5. What food and drink is traditionally left out for Santa on Christmas Eve?
 6. Name all nine of Santa's reindeer
 7. The red and white costume of Father Christmas was allegedly first introduced by which company?
 8. What country is Lapland, Father Christmas', home located in?
 9. What address does the Royal Mail ask people to send letters to Santa to?
 10. How many children does Santa deliver presents to on Christmas Eve?
 11. What two lists of Santa do children normally go on?
 12. Which country sends the most letters to Santa?
 13. In which century was Santa given a spouse?
 14. What's the largest gathering of people dressed as Santa Claus?
 15. What has Santa confessed to doing in this year's Tesco Christmas advert?
 16. What is Father Christmas' name in French?
 17. How does Father Christmas traditionally get into people's homes?
 18. In what year was the song Santa Claus Is Comin' to Town first recorded?
 19. How many times is St Nicholas name-checked in the poem 'Twas the Night Before Christmas?
 20. Who has an uncredited role playing Father Christmas, who stabs Nicholas Angel in the hand in the comedy film Hot Fuzz?
-

Care Home News

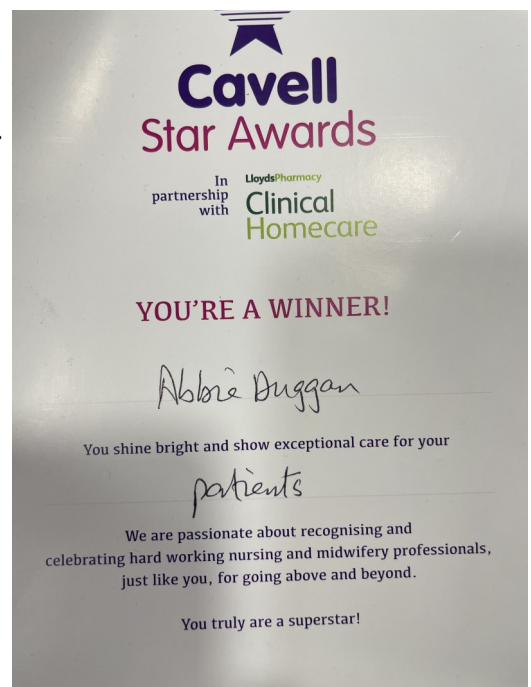


Abbie Duggan won a Cavell Star Award for going above and beyond the people she cares for.

Abbie is such an important part of the nursing team at Mariners' Park Care Home, an amazing person and colleague!

Abbie is such a worthy winner for her commitment and dedication to residents, ensuring they feel fully supported and cared for and understanding the importance of forging close relationships with her residents to better understand their needs. What an inspiration she is.

Well done Abbie

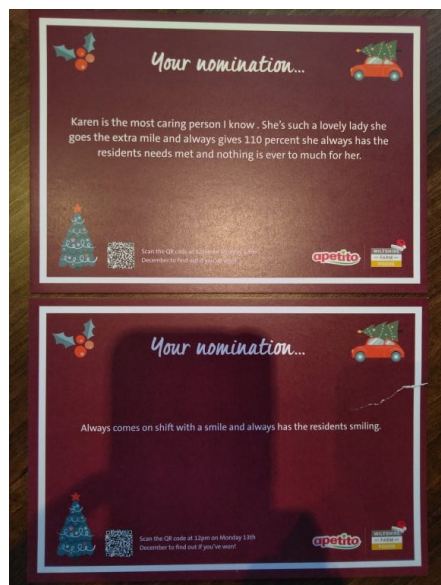
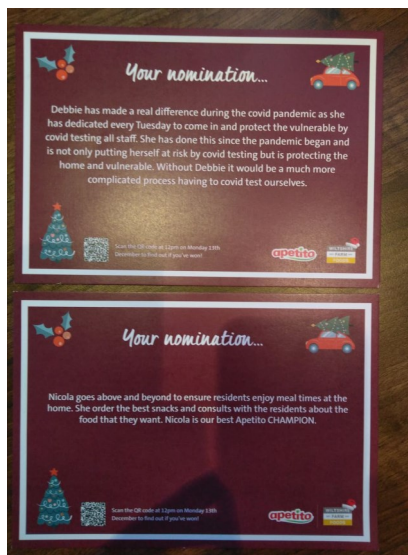


Care Home News

Debra Heywood, Nicola Burns, Karen Gill, (in photo), Laura Thompson and Maria McKeown were nominated by fellow colleagues to win an award in the Apetito Care Home Awards 2021 for going above and beyond.

All nominees received a lovely hamper and have been put forward for individual categories award to be announced at a later date.

Well done team!



Lighthouse Christmas



The Lighthouse Keeper's Christmas

It is the middle of December and a gale is blowing. The sky is dark although it is mid-day and the sea is the colour of lead with long white streaks of windblown spume scarring the surface.

The sort of day to put some more coal on the fire and curl up in front of it with a book if you do not HAVE to go out.

But there are people who DO have to go out and the keeper returning to the Lighthouse is one of them.

His period of leave is over and he huddles in the shelter of the buildings at the tiny airfield waiting for the sound of the approaching helicopter above the howling wind.

Eventually the helicopter comes into view its navigation lights flashing and twinkling in the gloom. Lower and lower it descends, facing the buffeting wind until it lands, not too far, from the waiting Keeper and his trolley loaded with boxes of stores.

This year he will be spending Christmas at the Lighthouse with two colleagues already out there and the boxes contain all the food they will need for the next month together, with some 'extras' for Christmas Day.

Once all the boxes are stowed into the cargo space the Keeper climbs in through a side door and sits on a bench seat behind the pilot and engineer. The rotor blades spin faster and faster and the tiny helicopter is in the air once more and is immediately blown sideways with the force of the gale but the pilot skilfully corrects the course and heads for the "Tower" some six miles further out in the Atlantic Ocean. After a few minutes flying they see it.

Lighthouse Christmas



The Lighting of Nubble Lighthouse, Maine

It looks very like a tall factory chimney standing all alone in the sea but with a lot of scaffolding around the top. As they get nearer the 'scaffolding' is revealed as a strong steel structure supporting a platform on which the helicopter will land. The platform doesn't look very big but as they approach they see that it is quite large enough for their helicopter.

After landing all the boxes are unloaded and lowered through hatches in the landing platform to the Keepers waiting below. When all this has been done the Keeper going home climbs into the helicopter taking the place of the Keeper reporting for duty. A quick wave from the pilot and the helicopter zooms up and away, heading for land again.

On the Lighthouse the Keepers begin the task of emptying the boxes and stowing away the meat in the freezer or the 'fridge. As they do so they are chatting eagerly and passing on the latest bits of news from ashore and from the other Lighthouses. Then, as they open one box, they find a letter inside. It's from the local Round Table/Rotary Clubs informing them that this is a hamper donated specially to the Keepers who will be away from home this Christmas.

Apart from a plump fowl they find a big cake and a super box of crackers. Everything else in the hamper is in threes... three tins of fruit, three small Christmas puddings, three net 'stockings' of oranges, apples and nuts, and so on ensuring that each man gets an equal share of the 'Goodies'.

Lighthouse Christmas



Fort Gratiot Lighthouse in Winter

This may not be the only 'present' the Keepers get because sometimes the local Church will send out a hamper and occasionally Lighthouses get "adopted" by Guides or Brownie Packs or schools who will send letters and cards to let the Keepers know that they will not be forgotten.

It looks as though the Keepers will have a splendid time after all because, of course, they have all got presents from their own families too.

But, in the meantime, the work of the Lighthouse must go on.

Every morning when the sun is above the horizon the light is extinguished and heavy curtains hung down the interior of the lantern to

protect the 'Optic' from the sun. The Optic is a series of very strong lenses some six feet in diameter mounted in a bronze and steel rotating framework weighing about two and a half tonnes. It is massive and as soon as the curtains have been hung the Keeper sets to dust and polish it and oil the machinery and generally see that all is ready for lighting up later that evening.

Different days bring different tasks designed to keep the Lighthouse in tip top condition. One day is given over to washing the glazing... the 'windows' of the lantern... and although the insides are easy, it is a different matter when the Keeper has to clean the outsides, one hundred and eighty feet above the sea!!! Then there are the engines and electric generators to clean and overhaul so that they are ready for use at a moment's notice.

Every day the floors will be swept and washed all the way down from the lantern to the entrance door eight flights of curving stairs down!!

Only when the Keeper has finished all his routine duties is he free to spend time on his hobby or even just reading. Nowadays every Lighthouse has radio and colour television but keepers still will often spend time together playing games like Chess, Cards or Dominoes.

Lighthouse Christmas



Portsmouth Harbour Lighthouse

Christmas time is the time when they really 'get-together'.

A couple of days before Christmas they put up a few streamers and decorations in the Sitting Room and display all the cards they have received and, from the cupboard under the stairs, they retrieve the old plastic Christmas tree that they have had for years. A few baubles and bits of tinsel and the room takes on quite a festive air.

All at once it is Christmas.

At breakfast the Keepers greet each other and exchange little gifts then, as soon as breakfast is over start to unwrap the presents from their families. There are "Oooh's" and "Aaah's" and "Blow-me-Downs" intermingled with the laughter as the brightly coloured wrapping paper covers the floor.

Over the extra cup of coffee, they sit silent and their eyes glaze a little as they perhaps picture their own children opening presents under the Christmas tree at home.

"Come on... Shift yourselves!" calls one Keeper. "Can't sit 'ere all day". He is 'Cook-of-the-Day' today and there is a bird to get in the oven, a pudding to steam, potatoes to roast and sprouts to boil and a hundred and one things that go towards dinner on Christmas Day.

The other two leave the Kitchen and take the opportunity to telephone home their "Merry Christmasses" to their respective families.

Christmas dinner is superb. The bird is done to a turn, the stuffing mouth-watering. The 'taters are brown and crisp and the pudding with Brandy Sauce... Mmmm.!! They really enjoy it and pretend not to notice the pile of pans and dishes in the sink waiting to be washed up.

Lighthouse Christmas



St. Augustine Lighthouse

Eventually when every cup is back on its hook and every pan in its place in the rack the Keepers retire to the Sitting Room where they will relax for a while. Coloured paper hats are donned as they pull a cracker or two. Then outcome the 'once-a-year' fat cigars that seem to signify Christmas to a lot of men... and possibly a glass of home-made wine as they sit back and watch the Queen on the 'telly'.

After the Queen's Speech they jump up and turn on the radio transmitter. It has been a tradition ever since radio was introduced that, on Christmas Day afternoon, each Lighthouse will, on a special frequency, call up the neighbouring lights ... some may be up to a hundred miles away... and in turn will serenade each other with a Carol or two that they have rehearsed. How the families ashore enjoy it, for

they too have been listening in on the radio back home and for a few minutes the Keepers do not seem too far away after all.

But soon the reality of their position is brought home to the Keepers again as the approaching dusk tells them it is time to 'light-up'. The Keeper on duty will go down to the engine room near the base of the Tower and starts up one of the powerful diesel engines that powers a large electric generator. When everything is running smoothly, he toils up the stairs again all the way up to the lantern.

Lighthouse Christmas



Enoshima Lighthouse

There he takes down the heavy protective curtains, switches on the electric motor to rotate the Optic then, after testing the 'Standby Lamp', throws the switch to light the 'main' lamp of some 3,500 Watts. The blinding light is magnified by the lenses in the Optic and rhythmic, monotonous spokes of light are revolving out over the sea. All night the five million candlepower beams will signal to passing ships the location of the lighthouse and signpost a safe passage for them.

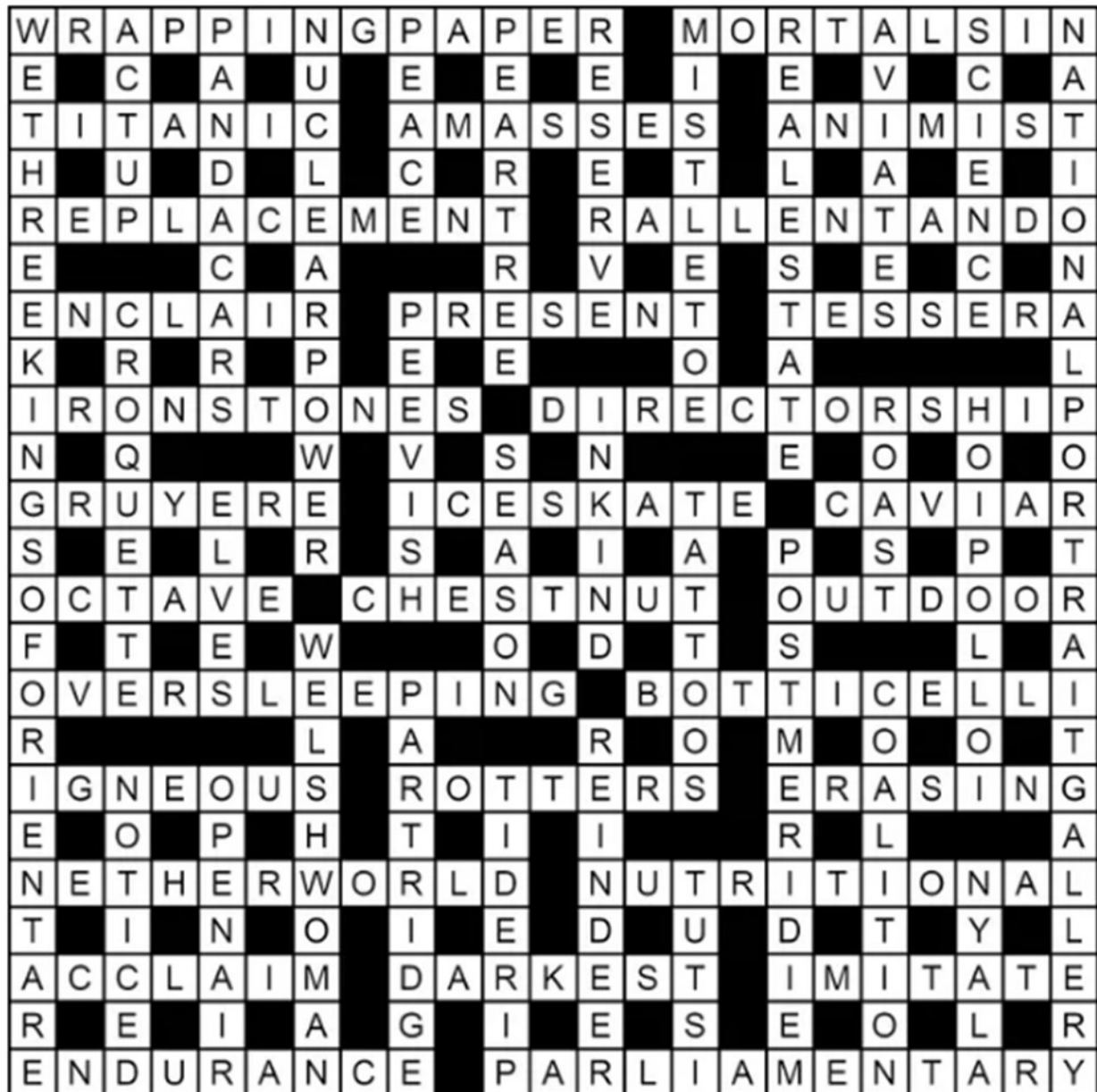
In the Kitchen the kettle has boiled again and a pot of strong tea is brewed. The remainder of the bird is eaten, the cake is cut and shared out with a bowl of fruit and cream for each man.

After tea it is back to the Sitting Room again for more crackers and nuts and television for the rest of the evening... except for one man. He is on duty and often must leave the room to check the light... the engines... the visibility for even the slightest gathering of mist will alert him to prepare the Fog Signal machinery.

Hopefully that will not be necessary but he notices that the barometer is reading lower and they may be in for another gale. "Ah well!" he thinks; "We aren't going anywhere for a while anyway and here inside the Lighthouse we are warm and safe." "I'm Cook-of-the-Day tomorrow, Boxing Day, and there's that Leg of Pork and Parsnips and Apple Sauce."

By Principal Keeper Handel ('Andy') Bluer, Pendeen Lighthouse [1987].

Crossword Answers



Christmas Quiz Answers

Christmas Quiz

1. Thursday
2. Donkey
3. Justin Trudeau
4. Christmas Day
5. Norway
6. King George V
7. Germany
8. Football Germany v U.K
9. 1843
10. The Christmas cracker
11. Indian Ocean
12. A stable
13. Capricorn
14. 3pm
15. Gold, Frankincense and Myrrh
16. William the Conqueror
17. Australia
18. Kissing under mistletoe
19. Poinsettia
20. Four



Father Christmas Quiz

1. Turkey
2. 280
3. Green
4. Indiana and Georgia
5. Mince pie and sherry
6. Rudolph, Blitzen, Comet, Cupid, Dasher, Dancer, Donner, Prancer, Vixen
7. Coca-Cola
8. Finland
9. Santa's Grotto, Reindeer land, XM4 5HQ.
10. 735million
11. Naughty and nice
12. France
13. 19th century
14. 18,112
15. Might have gone on holiday



Office Closure

**The Office and Hub Reception will
be closed on:**

**Friday 24th December
Monday 27th December
Tuesday 28th December
Monday 3rd January 2022**



Do you want to receive the quarterly Newsletters

Are you happy to receive the quarterly Newsletter? If you no longer wish to receive the quarterly Newsletter from Nautilus Welfare Fund please contact the administrators on one of the following or pop in the Trinity House Hub reception and speak to either Annette or Alisa:

Telephone: 0151 346 8840

Email: welfare@nautilusint.org
