

Welfare Fund

Statement of Purpose

Health and Social Care Act 2008

Please first read the guidance document Statement of purpose: Guidance for providers

Statement of purpose, Part 1

Electronic mail (email)³

Health and Social Care Act 2008, Regulation 12, schedule 3

The provider's business contact details, including address for service of notices and other documents, in accordance with Sections 93 and 94 of the Health and Social Care Act 2008

1. Provider's name and legal status								
Full name ¹	Nautilus Welfare Fund							
CQC provider ID	<u>1-138210129</u>							
Legal status ¹	Individual Partnership Organisation							
2. Provider's address, in	ncluding for service of notices and other documents							
Business address ²	Nautilus International							
	Nautilus House							
	Mariners' Park							
Town/city	Wallasey							
County	Merseyside							
Post code	CH45 7PH							
Business telephone	01516398454							
	4							

By submitting this statement of purpose, you are confirming your willingness for CQC to use the **email address** supplied at Section 2 above for service of documents and for sending all other correspondence to you. Email ensures fast and efficient delivery of important information. If you do not want to receive documents by email, please check or tick the box below. We will not share this email address with anyone else.

jdavies@nautilusint.org

Aims and Objectives

Introduction

Our Statement of Purpose is written to comply with Regulation 12 of the Care Quality Commission (Registration) Regulations 2009.

About the Care Home

The Mariners' Park Care Home provides residential care and nursing care, as well as short breaks and respite care for retired seafarers and their dependants.

The Mariners' Park Care Home is located within the <u>Mariners' Park Estate</u>, where all residents are retired seafarers and their dependants, and their care and support is our priority.

It opened in 2002, although the history of <u>caring for retired seafarers</u> at Mariners' Park goes back over 160 years. Today, the Care Home is modern, light and spacious, with a naturally warm welcome.

There are 32 bedrooms divided into four 'households', each with its own lounge and dining area. The lounges are comfy and cosy, and the dining rooms all have their own drink and snack-making facilities. One 'household' is specifically for those facing the challenges of dementia and has the added benefit of a safe and secure garden.

There is also a large communal lounge and conservatory with a viewing deck overlooking the River Mersey and the Liverpool skyline for all residents to enjoy.

The spacious bedrooms are all en suite and many have Mersey views. Each is equipped with a call bell alarm and flat screen TV, and we encourage residents to bring their own furniture and treasured possessions to make it their home.

Our staff team includes qualified nurses on duty 24 hours a day, a qualified physiotherapist and <u>an Admiral Nurse</u>, a specialist in dementia care.

All meals are prepared on the premises and a delicious choice of menu is always available. Whatever your dietary requirements we can ensure that you get the best choice of meals, which can be taken in the dining areas or in your own room. The Home has been awarded a <u>level five Food Hygiene rating</u> – the best available.

Residents are encouraged to continue with hobbies and pastimes and learn new ones. The Care Home employs an activities coordinator who is available five days a week. There are social events taking place most days in the home.

Residents can visit the unisex hairdressing salon and take a stroll in the extensive grounds or

sit on the balcony and watch the ships pass by.

A computer is available in some of our four lounges for residents to use. Staff are always on hand to help you send an email or video-call your family and friends to keep in touch. Wifi is also available throughout the Care Home and residents can log onto the internet on their own devices in the comfort of their own room.

Mariners' Park has a wide range of options available to ensure that retired seafarers find the home that suits them. Why not come along, have a look round and see for yourself that we have made a home away from home – or a home away from the sea – for all our residents.

Values and Principles of Mariners' Park Care Home

The following statements reflect the values, principles and general aims of our Care Home.

- To focus on residents. We aim to provide personal care and support in ways which have positive outcomes for residents and promote their active participation.
- To ensure that we are fit for our purpose. We examine our operations constantly to ensure that we are successfully achieving our stated aims and purposes. We welcome feedback from our residents and their friends and relatives.
- To work for the comprehensive welfare of our residents. We aim to provide for each
 resident with care that contributes to his or her overall personal and healthcare needs and
 preferences. We will co-operate with other services and professionals to help to maximize
 each resident's independence and to ensure as fully as possible the residents maximum
 participation in the community.
- To meet assessed needs. Before we provide services, we ensure that a potential resident needs and preferences are thoroughly assessed. We aim to ensure that the care the service provides meets the assessed needs of each service user, that needs are reassessed as frequently as necessary, and that the care and support provided have the flexibility to respond to changing needs or requirements.
- To provide quality services. We are whole-heartedly committed to providing top quality services and to continuous improvement in the level of the care we offer.
- To employ a quality workforce.

Rights

We place the rights of residents/people who use our services at the forefront of our philosophy of care. We seek to advance these rights in all aspects of the environment and the services we provide and to encourage our residents to exercise their rights to the full.

Privacy

We recognise that life in a communal setting and the need to accept help with personal tasks are inherently invasive of a resident's ability to enjoy the pleasure of being alone and undisturbed. We therefore strive to retain as much privacy as possible for our residents in the following ways.

- Giving help in intimate situations as discreetly as possible.
- Helping residents to furnish and equip their rooms in their own style and to use them as much as they wish for leisure, meals and entertaining.

- Offering a range of locations around the home for residents to be alone or with selected others.
- Providing locks and keys for resident's front doors, which residents need at times to be uninterrupted.
- Respecting residents' privacy when using the telephone, opening and reading post and communicating with friends, relatives or advisors.
- Ensuring the confidentiality of information, the home holds about residents.

Dignity

Disabilities quickly undermine dignity, so we try to preserve respect for the intrinsic value of those who use our Care Home in the following ways.

- Treating each resident as a special and valued individual.
- Helping residents to present themselves to others as they would wish through their own clothing, their personal appearance and their behaviour in public.
- Offering a range of activities which enables each resident to express themselves as a unique individual.
- Tackling the stigma from which our residents may suffer through age, disability or status.
- Compensating for the effects of disabilities which residents may experience on their communication, physical functioning, mobility or appearance.

Independence

We are aware that our residents/people who use our services have given up a good deal of their independence in entering a group living situation. We regard it as all the more important to foster our residents' remaining opportunities to think and act without reference to another person in the following ways.

- Providing as tactfully as possible human or technical assistance when it is needed.
- Maximising the abilities our residents retain for self-care, for independent interaction with others, and for carrying out the tasks of daily living unaided.
- Helping residents take reasonable and fully thought-out risks.
- Promoting possibilities for residents to establish and retain contacts beyond the home.
- Using any form of restraint on residents only in situations of urgency when it is essential for their own safety or the safety of others.
- Encouraging residents to access and contribute to the records of their own care.

Security

We aim to provide an environment and structure of support which responds to the need for security in the following ways.

- Offering assistance with tasks and in situations that would otherwise be perilous for residents.
- Protecting residents from all forms of abuse and from all possible abusers.

- Providing readily accessible channels for dealing with complaints by residents.
- Creating an atmosphere in the home which residents experience as open, positive and inclusive.

Civil rights

Having disabilities and residing in a home can act to deprive our residents/people who use our services of their rights as citizens. We therefore work to maintain our residents' place in society as fully participating and benefiting citizens in the following ways.

- Ensuring that residents have the opportunity to vote in elections and to brief themselves fully on the democratic options.
- Preserving for residents full and equal access to all elements of the National Health Service.
- Helping residents to claim all appropriate welfare benefits and social services.
- Assisting residents' access to public services such as libraries, further education and lifelong learning.
- Facilitating residents in contributing to society through volunteering, helping each other and taking on roles involving responsibility within and beyond the home.

Choice

We aim to help our residents exercise the opportunity to select from a range of options in all aspects of their lives in the following ways.

- Providing meals which enable residents as far as possible to decide for themselves where, when and with whom they consume food and drink of their choice.
- Offering residents, a wide range of leisure activities from which to choose.
- Enabling residents to manage their own time and not be dictated to by set communal timetables.
- Avoiding wherever possible treating residents as a homogeneous group.
- Respecting individual, unusual or eccentric behaviour in residents.
- Retaining maximum flexibility in the routines of the daily life of the home.

Fulfilment

We want to help our residents to realise personal aspirations and abilities in all aspects of their lives. We seek to assist this in the following ways.

- Informing ourselves as fully as each resident wishes about their individual histories and characteristics.
- Providing a range of leisure and recreational activities to suit the tastes and abilities of all residents, and to stimulate participation.
- Responding appropriately to the personal, intellectual, artistic and spiritual values and practices of every resident.
- Respecting our residents' religious, ethnic and cultural diversity.
- Helping our residents to maintain existing contacts and to make new liaisons, friendships,

and personal or sexual relationships if they wish.

 Attempting always to listen and attend promptly to any resident's desire to communicate at whatever level.

Diversity

We aim to demonstrate that we welcome and celebrate the diversity of people in our community and in this home. We try to do this by:

- positively communicating to our residents that their diverse backgrounds enhance the life of the home
- respecting and providing for the ethnic, cultural and religious practices of residents
- outlawing negatively discriminatory behaviour by staff and others
- accommodating individual differences without censure
- helping residents to celebrate events, anniversaries and festivals that are important to them.

Safeguarding

We aim to make the safeguarding of our service users an utmost priority and seek to comply with all legal requirements in our safeguarding practices. We therefore work closely with the local safeguarding adults' board over any issues relating to the safety of its service users from any kind of harm and the CQC where involved.

Quality care

We wish to provide the highest quality of care, and to do this we give priority to a number of areas relating to the operation of the home and the services we provide.

Choice of home

We recognise that every prospective resident should have the opportunity to choose a home which suits their needs and abilities. To facilitate that choice and to ensure that our residents know precisely what services we offer, we will do the following.

- Provide detailed information on the home by publishing a statement of purpose and a detailed service user guide/information about the home.
- Give each resident a contract or a statement of terms and conditions specifying the details of the relationship.
- Ensure that every prospective resident has their needs expertly assessed before a decision on admission is taken.
- Demonstrate to every person about to be admitted to the home that we are confident that we can meet their needs as assessed.
- Offer introductory visits to prospective residents and avoid unplanned admissions except in cases of emergency.

Personal and Healthcare

We draw on expert professional guidelines for the services the home provides. In pursuit of the best possible care we will do the following.

Produce with each resident, regularly update, and thoroughly implement a service user

plan of care, based on an initial and then continuing assessment.

- Seek to meet or arrange for appropriate professionals to meet the healthcare needs of each resident.
- Establish and carry out careful procedures for the administration of residents' medicines.
- Take steps to safeguard residents' privacy and dignity in all aspects of the delivery of health and personal care.
- Treat with special care residents who are dying, and sensitively assist them and their relatives at the time of death.

Lifestyle

It is clear that service users may need care and help in a range of aspects of their lives.

To respond to the variety of needs and wishes of service users, we will do the following.

- Aim to provide a lifestyle for residents which satisfies their social, cultural, religious and recreational interests and needs.
- Help residents to exercise choice and control over their lives.
- Provide meals which constitute a wholesome, appealing and balanced diet in pleasing surroundings and at times convenient to residents.

Concerns, complaints and protection

Despite everything that we do to provide a secure environment, we know that residents may become dissatisfied from time to time and may even suffer abuse inside or outside the home. To tackle such problems, we will do the following.

- Provide and, when necessary, operate a simple, clear and accessible complaints procedure.
- Take all necessary action to protect residents' legal rights.
- Make all possible efforts to protect residents from every sort of abuse and from the various possible abusers.

The Environment

The physical environment of the home is designed for residents' convenience and comfort. In particular, we will do the following.

- Maintain the buildings and grounds in a safe condition.
- Make detailed arrangements for the communal areas of the home to be safe and comfortable.
- Supply toilet, washing and bathing facilities suitable for the residents for whom we care.
- Arrange for specialist equipment to be available to maximise residents' independence.
- Provide individual accommodation to a high standard.
- See that residents have safe, comfortable bedrooms, with their own possessions around them.
- Ensure that the premises are kept clean, hygienic and free from unpleasant odours, with

systems in place to control the spread of infection.

Staffing

We are aware that our staff will always play a very important role in resident's welfare. To maximise this contribution, we will do the following.

- Employ staff in sufficient numbers and with the relevant mix of skills to meet residents' needs.
- Provide at all times an appropriate number of staff with qualifications in health and social care as required.
- Observe recruitment policies and practices which both respect equal opportunities and protect resident's safety and welfare.
- Offer our staff a range of training which is relevant to their induction, foundation experience and further development.

Management and Administration

We know that the leadership of the service is critical to all its operations. To provide leadership of the quality required, we will do the following.

- Always engage as registered manager a person who is qualified, competent and experienced for the task.
- Aim for a management approach that creates an open, positive and inclusive atmosphere throughout the business.
- Install and operate effective quality assurance and quality monitoring systems.
- Work to accounting and financial procedures that safeguard service users' interests.
- Offer residents appropriate assistance in the management of their personal finances.
- Supervise all staff and voluntary workers regularly and carefully.
- Keep up-to-date and accurate records on all aspects of the home and its residents.
- Ensure that the health, safety and welfare of service users and staff are promoted and protected.

Quality Services

We are aiming for a progressive improvement in the standards of training at all levels of our staff and management.

The Nominated Person

Mick Howarth, Welfare Services Manager, is responsible for delivering the welfare strategy for the Nautilus Welfare Fund as approved by the Nautilus Council and for the day-to-day management of all services provided by the Nautilus Welfare Fund.

The Registered Manager

Jane Davies is the Registered Manager of the Care Home, Jane Davies. Jane has over 25 years' experience in social care and nursing and holds the Registered Managers Qualification

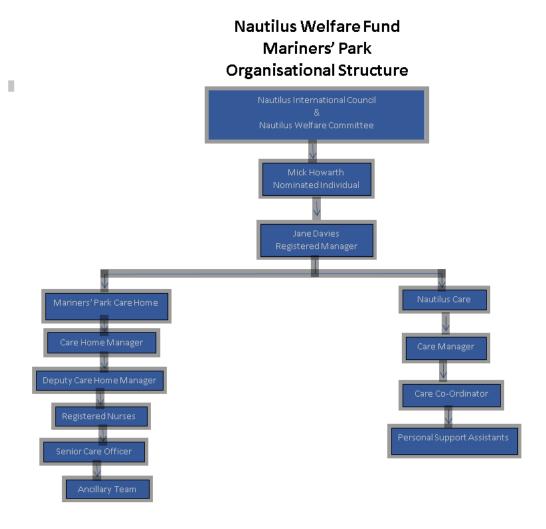
and Level 4 in Health & Social Care. Jane is always learning and has completed the Leadership in Dementia Care Programme at Stirling University. Jane is a Dignity Champion and a Dementia Friend.

Care Home Team

The home's total staff establishment is approximately 56 of whom 30 have duties involving direct care for residents. The relevant qualifications and experience of the care staff are as follows:

Registered Nurses Care Certificate for all new employees QCF level 2, 3, 4 & 5

The Organisational Structure of the Home



People we Accommodate

The home provides care and accommodation for older people. In particular, we provide a service for Retired Merchant Navy Seafarers and their dependants, for whom the home provides services.

The Range of Needs Met

The home aims to provide a service for adults over the age of 50 and with various care needs including dementia care. We will always endeavor to advise at the assessment stage if we believe we can't meet a person's needs. The home employs appropriate staff to provide nursing for any residents who need nursing care.

Admissions

We will always require that an assessment of needs is undertaken prior to admission to the home. This is intended to provide each resident with the best possible information on which to make an informed choice about their future. For potential residents who are already in touch with a social service or social work department, the initial assessment will be undertaken as part of the care management process, but we also need to assure ourselves and the perspective resident that this particular home is suitable for them. For potential residents who approach the home direct, appropriately trained staff will make a full assessment of need calling, with the service user's permission, on specialist advice and reports as necessary. The assessment will cover the range of health and social needs set out in CQC guidance. All information will be treated confidentially. The assessment process helps the home's staff to be sure that the home can meet a potential resident's requirements and to make an initial plan of the care we will provide.

We will provide prospective residents with as much information as possible about the home to help them make a decision about whether or not they want to live here. We offer the opportunity for a prospective resident to visit the home, join current residents for a meal and move in on a trial basis. We are happy for a prospective resident to involve their friends, family or other representatives in seeing the home and the care and facilities we can provide before making the final decision about admission.

If, exceptionally, an emergency admission has to be made, we will inform the new resident within 48 hours about key aspects, rules and routines of the home and carry out the full information and assessment process within five days.

Social activities, hobbies and leisure interests

We try to make it possible for our residents to live their lives as fully as possible. In particular, we do the following.

- We aim as part of the assessment process to encourage potential residents to share with
 us as much information as possible about their social, cultural and leisure interests, as a
 basis for helping them during their period of residence in the home.
- We try to help residents to continue to enjoy as wide a range of individual and group activities and interests as possible both inside and outside the home, to carry on with existing hobbies, pursuits and relationships, and to explore new avenues and experiences. All residents are entitled to use the dining room, the communal lounges, other sitting and circulating areas, and the grounds of the home, but those who wish to may remain in their own rooms whenever they like. Residents are encouraged to personalise their own rooms with small items of furniture and other possessions, and we try to follow individual preferences in matters of decoration and furnishings.
- We have regular organised social activities such as coffee mornings, keep-fit, parties, outings, entertainers, events involving other organisations or volunteers. We hope that friendships among residents will develop and that residents will enjoy being part of a community, but there is no compulsion on a resident to join in any of the communal social activities.
- We have facilities including a Woodland Park with views of the River Mersey and the Trinity House HUB, with is home to our Café, Craft Room, Games Room, Gym, Hair

Salon, Beauty and Chiropody Salon, and Internet access. Mariners' Park has the most idyllic outdoor sitting areas all with wheelchair accessible routes.

- To assist with the home's social programme, we have a full time Activities Coordinator and are extending this by recruiting a team of or voluntary workers.
- We recognise that food and drink play an important part in the social life of the home. We try to provide a welcoming environment in the dining rooms and to ensure that meals are pleasant unhurried occasions providing opportunities for social interaction as well as nourishment. As far as possible, we encourage residents to choose where they sit in the dining room, and meals can be served in residents' own rooms if desired.
- Three full meals are provided each day, there is a four-week menu and residents are always offered a choice at meals. We cater for special and therapeutic diets as advised by specialist staff and as agreed in each resident's care plan, and care staff are available to provide discreet, sensitive and individual help with eating and drinking for those needing it. Snacks and hot and cold drinks are available always. We aim to make all of the food and drink we provide attractive, appealing and appetising, and to mark special occasions and festivals.
- We try to ensure that the home is a real part of the local community, so in principle we encourage visitors to the home such as local councillors, members of parliament, representatives of voluntary organisations, students, school children and others. Naturally, we respect the views of residents about whom they want to see or not to see.
- We recognise that risk-taking is a vital and often enjoyable part of life and of social activity and that some residents will wish to take certain risks despite or even because of their disability. We do not aim, therefore, to provide a totally risk-free environment though we take care to ensure that residents are not subjected to unnecessary hazards. When a resident wishes to take part in any activity which could involve risk, we will carry out a thorough risk assessment with that individual, involving if they so desire a relative, friend or representative, and will agree and record action which will appropriately balance the factors involved. Such risk assessments will be regularly reviewed, with the participation of all parties, in the light of experience.
- For the benefit of all residents and staff, we have a designated resident smoking area outside the home on our Jubilee Veranda. Residents who wish to may smoke only in this area.
- We may make a charge associated with some social activities and services; where this applies, the details will be made clear to the resident in advance.

Consulting Residents

We aim to give residents opportunities to participate in all aspects of life in the home. In particular, they are regularly consulted both individually and corporately about the way the home is run. Our objective is always to make the process of managing and running the home as transparent as possible, and to ensure that the home has an open, positive and inclusive atmosphere. We hold formal Residents & Families meetings 3 times a year, One Annual Quality Questionnaire and the Registered & Deputy Manager join in regularly with coffee mornings/afternoons to ask and listen resident's views.

Fire precautions associated emergency procedures and safe working practices

All residents are made aware of the action to be taken in the event of a fire or other emergency, and copies of the home's fire safety policy and procedures are available on request. The home conforms to all relevant government guidance on promoting and protecting the health, safety

and welfare of service users and staff. The home employs a specialist Risk Assessor to advise us and audit the home on a regular arrangement.

Arrangements for Religious Observances

Residents who wish to practice their religion will be given every possible help and facility. In particular, we will do the following.

- We will try to arrange transport for residents to any local place of worship if required.
- If asked we will make contact with any local place of worship on a resident's behalf. We can usually arrange for a minister or a member of the relevant congregation to visit a resident who would like this.
- In the public areas of the home, we celebrate the major annual Christian festivals. Residents have the opportunity to participate or not as they wish.
- Particular care will be taken to try to meet the needs of residents from minority faiths. These should be discussed with the manager before admission.

Relatives, Friends and Representatives

- Residents are given every possible help to maintain the links they wish to retain with their families and friends outside the home but can choose whom they see and when and where.
- If a resident wish, their friends and relatives are welcome to visit at any time convenient to the resident and to become involved in daily routines and activities. Visitor may also have meals at the Care Home. Should a visitor wish to stay overnight a, guest room or other overnight accommodation is available, Residents may entertain visitors privately.
- If a resident wishes to be represented in any dealings with the home by a nominated friend, relative, professional person or advocate, we will respect their wishes and offer all necessary facilities.

Concerns and Complaints

The management and staff of the home aim to listen to and act on the views and concerns of residents and their representatives and to encourage discussion and action on issues raised before they develop into problems and formal complaints. We therefore welcome comments and suggestions from residents and their representatives, friends and relatives. Positive comments help us to build on our successes, but we can also learn from comments which are critical. We undertake to look into all comments or complaints as quickly as possible and to provide a satisfactory response.

The person who investigates a complaint will initiate any action which needs to be taken in response to their findings, will inform the complainant about any action, and will apologise or arrange for an apology if that is appropriate. We hope that this will satisfy the complainant and end the matter. If the complainant is satisfied, they will be asked to sign a copy of the report of the investigation and the action taken.

If a complainant is not satisfied with the investigation or the action taken, they will be informed of their right to pursue the matter with the CQC. [Insert here details of any other complaints appeals procedure which is in place.

Resident Care Plans

At the time of a new resident's admission to the home, we work with the resident, and their friend, relative or representative if appropriate, to draw up a written plan of the care we will aim to provide. The plan sets out objectives for the care and how we hope to achieve those

objectives and incorporates any necessary risk assessments. The Care planning process can take several weeks as we will be getting to each person individually.

We will evaluate each person's plan on a monthly basis, where possible and meet with residents and people important to them for an annual review. From time to time further assessments of elements of the person's needs are required to ensure that the care we are providing is relevant to helping the resident achieve their full potential. Every resident is offered access to their plan and is encouraged to participate as fully as possible in the care planning process.

Therapeutic Techniques

The home can offer the following specific therapeutic techniques:

Physiotherapy Admiral Nursing Chiropody

Review of This Document
We keep this document under regular review and would welcome comments from residents and others.

The information below is for location	1	of a total of:	1	locations
no.:	•	or a total on	•	locations

Name of location	Mariners' Park Care Home
Address	Royden Avenue
	Mariners park
	Wallasey
Postcode	CH44 0HN
Telephone	0151 346 8888
Email	jdavies@nautilusint.org

No of approved places / overnight beds (not NHS)	36
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CQC service user bands							
The people that will use this location ('The whole population' means everyone).							
Adults aged 18-65		Adults aged 65+	Adults aged 65+				
Mental health		Sensory impairme	ent				
Physical disability		People detained u	ınder	the	Mental Health Act		
Dementia	\boxtimes	People who misus	People who misuse drugs or alcohol				
People with an eating disorder		Learning difficultie	Learning difficulties or autistic disorder				
Children aged 0 – 3 years		Children aged 4-1	Children aged 4-12				
The whole population		Other (please specify below)					
The CQC service type(s) provided at this location							
Care home service without nurs	sing (C	HS)				\boxtimes	
Care home service with nursing (CHN)							
Regulated activity(ies) carried on at this location							
Accommodation for persons wh	no requ	ire nursing or perso	nal c	are		\boxtimes	
Registered Manager(s) for this regulated activity: Jane Davies							
Treatment of disease, disorder or injury							
Registered Manager(s) for this regulated activity: Jane Davies							
The information below is for manager number:	1	of a total of: 1 Managers working for the provider shown in part 1					

1. Manager's full name		Miss Jane Ann Romero Davies		
2. Manager's contact de	tails			
Business address		rs' Park Care Home n Avenue		
Town/city	Wallasey			
County	Merseyside			
Post code	CH44 0HN			
Business telephone	0151 346 8888			
Manager's email address ¹				
jdavies@nautilusint.org				

¹ Where the manager has agreed to service of notices and other documents by email they will be sent to this email address. This includes draft and final inspection reports on all locations where they manage regulated activities.

Where the manager does not agree to service of notices and other documents by email they will be sent by post to the provider postal business address shown in Part 1 of the statement of purpose. This includes draft and final inspection reports on all locations.

Please note: CQC can deem notices sent to manager(s) at the relevant email or postal address for service in this statement of purpose as having been served, as described in Sections 93 and 94 of the Health and Social Care Act 2008. The address supplied must therefore be accurate, up to date, and able to ensure prompt delivery of these important documents to registered managers.

3. Locations managed by the registered manager at 1 above (Please see part 3 of this statement of purpose for full details of the location(s)) Name(s) of location(s) (list) Percentage of time spent at this location Mariners' Park Care Home Nautilus Care 70% 30%

4. Regulated activity(ies) managed by this manager				
Accommodation for persons who require nursing or personal care				
Treatment of disease, disorder or injury				
Personal Care				